

## Cultural Competence in Dementia Care

[SPIN Slide deck](#)

[Cultural Competence Self-Assessment Checklist](#) (\*use this!\* for yourself/your organization to get a baseline)

This short paper is BOMB! <http://extensionpublications.unl.edu/assets/html/g1375/build/g1375.htm>

17 page pdf guide for medical professionals:

<https://www.crculturevision.com/Documents/CultureVisionCulturalCompetenceLearningGuide.pdf>

[7 ways to improve 'cultural competence'](#) (article expands definition of culture beyond race and ethnicity, eg, firefighter ethos)

[5 Ways to Improve Cultural Competence in Nursing Care](#)

<https://www.tolerance.org/topics>

[WHY CULTURAL COMPETENCE IS NECESSARY IN NURSING](#)

[Diversity and Human Rights Consortium: What is Cultural Competency?](#) (great for a hand-out; describes stages of competency for both individuals and organizations, with examples)

[The iceberg concept of cultural awareness graphic](#) & short paper. (helpful graphic!)

[Learning journey of cultural competence graphic](#) (great for a hand-out) & short [paper it's from](#)

[How do I become culturally competent?](#)

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More source material and links:

Among people ages 65 and older, African Americans have the highest prevalence of Alzheimer's disease and related dementias (13.8 percent), followed by Hispanics (12.2 percent), and non-Hispanic whites (10.3 percent), American Indian and Alaska Natives (9.1 percent), and Asian and Pacific Islanders (8.4 percent).

(CDC: <https://www.cdc.gov/media/releases/2018/p0920-alzheimers-burden-double-2060.html>)

47% of the direct care workforce are Black/African American or Latinx.

<https://phinational.org/wp-content/uploads/2018/02/Black-Direct-Care-Workers-PHI-2018.pdf>

<https://phinational.org/wp-content/uploads/2018/02/Latino-Direct-Care-Workers-PHI-2018.pdf>

22% of nursing home residents are non-white.

<https://www.statista.com/statistics/717618/percent-of-nursing-home-residents-in-us-by-ethnicity/>)

Cultural proficiency “requires more than becoming culturally aware or practising tolerance”. Rather, it is the ability to “identify and challenge one’s own cultural assumptions, values and beliefs, and to make a commitment to communicating at the cultural interface”.<sup>[4]</sup>

Source:

<http://makeitourbusiness.ca/blog/what-does-it-mean-be-culturally-competent#:~:text=Cultural%20competence%20is%20the%20ability,cultural%20practices%20and%20world%20views>

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Cultural competence refers to an ability to interact effectively with people of different cultures. Cultural competence comprises four components: (a) Awareness of one's own cultural worldview, (b) Attitude towards cultural differences, (c) Knowledge of different cultural practices and worldviews, and (d) cross-cultural skills. Developing cultural competence results in an ability to understand, communicate with, and effectively interact with people across cultures.

Consider the following definitions:

- A set of congruent behaviors, attitudes and policies that come together as a system, agency or among professionals and enable that system, agency or those professionals to work effectively in cross-cultural situations.
- Cultural competence requires that organizations have a defined set of values and principles, and demonstrate behaviors, attitudes, policies, and structures that enable them to work effectively cross-culturally.
- Cultural competence is defined simply as the level of knowledge-based skills required to provide effective clinical care to patients from a particular ethnic or racial group.
- Cultural competence is a developmental process that evolves over an extended period. Both individuals and organizations are at various levels of awareness, knowledge and skills along the cultural competence continuum.

Source: <https://cdn.ymaws.com/www.naswaz.com/resource/resmgr/imported/CulturalCompetence.pdf>